



Wednesday, January 16th

POST-HOLIDAY HEALTH EXPO

Kick the New Year off on a healthy foot at Chronos, where you'll hear from nutritionists, professional trainers, and dieticians about the best ways to keep your body healthy and happy. There will be a juice tasting by Main Squeeze Juice Company. The event begins at 5:30 pm with a free yoga class at 6:30 pm. This event is co-hosted with the Jefferson Chamber Young Professionals.

5:30-7:30 pm

Wednesday, January 16th

HRT LUNCH AND LEARN

Join us for an informational lunch session about Hormone Replacement Therapy with Dr. Mace Scott.

12:00 pm

Wednesday, January 30th

OBAGI EVENT WITH CAMERA

Obagi is hosting 30-minute, personalized skin care consultation with the Vizia camera at Chronos. Reservations are a must. *Obagi products will be 20% OFF during this event!*

10:00 am - 4:00 pm